



girl scouts
of utah

Troop Camping Guide 2020





Troop Camping Guide

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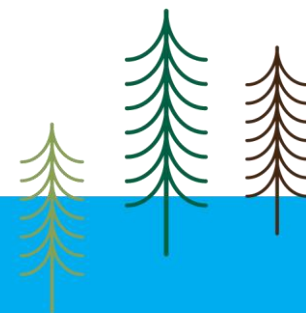
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Important Dates

January 23-28	Registration Available
January 29-February 13	Placement of Troops
February 14	Troops Notified of Placement and Sent Link to Program Options in UltraCamp
February 28	Deadline for Program Options
March	Outdoor Program Develops Schedules
April 1	Activity Scholarships Due
April 3	Troops Receive Schedules and Confirmation Materials
May 20	Payments Due

What is Troop Camping?

Troop Camping is a way for girls and their troop leaders to experience camp together with the support of camp staff. From cookouts to horseback riding, canoeing to fire building, swaps to hatchet throwing – Troop Camping has it all! It can also serve as a step in the camp progression before sending girls to summer camp alone or before going camping on your own as a troop.

Who can participate in Troop Camping?

All girls entering grades 1–12 in the fall of 2020 are welcome to attend with troop leaders and other adult volunteers from their troop. In order to provide this camping experience to as many girls as possible, troops will be asked to follow girl/adult ratios for this program (see page 8 for more information).

At the time of registration you will be asked how many program spaces your troop will need for the following ages:

- Girls entering grades 1
- Girls entering grades 2-3
- Girls entering grades 4-5
- Girls entering grades 6-8
- Girls entering grades 9-12
- Adults

Your troop will be responsible for paying for these program spaces, and you will not be able to decrease your number after registration.

If you have girls drop out between the time of registration and your troop's camping session, you will need to find another girl to take her space. It could be another girl from your troop, a troop in your Service Unit, or a girl who is interested in joining your troop but is not currently a Girl Scout.

If your troop registers for more adult spaces than what is needed (per the girl/adult ratios) the Outdoor Program Team will decrease your number of adults.



When is Troop Camping?

This year we are offering four sessions at Camp Cloud Rim and Trefoil Ranch. Each session is held for three days and two nights.

Camp Cloud Rim (Park City)

- Monday, June 22 at 10:00 a.m. – Wednesday, June 24 at 10:00 a.m.
- Monday, June 29 at 10:00 a.m. – Wednesday, July 1 at 10:00 a.m.
- Wednesday, July 1 at 1:00 p.m. – Friday, July 3 at 1:00 p.m.
- Monday, August 10 at 10:00 a.m. – Wednesday, August 12 at 10:00 a.m.

Trefoil Ranch (Provo)

- Monday, June 15 at 10:00 a.m. – Wednesday, June 17 at 10:00 a.m.
- Wednesday, June 17 at 1:00 p.m. – Friday, June 19 at 1:00 p.m.
- Monday, July 13 at 10:00 a.m. – Wednesday, July 15 at 10:00 a.m.
- Monday, August 10 at 10:00 a.m. – Wednesday, August 12 at 10:00 a.m.

Note: When you register, you'll be asked to select your first and second choice of sessions your troop would like to attend.

When does Troop Camping registration open?

Troop Camping is a very popular Girl Scouts of Utah program. Due to the high demand, it is recommended that troops register as soon as registration opens. The Outdoor Program team will place as many troops as possible.

- Registration Opens: Thursday, January 23, 8:00 a.m.
- Registration Closes: Tuesday, January 28, 8:00 a.m.

Troops who want to register after this date must contact info@gsutah.org for availability.

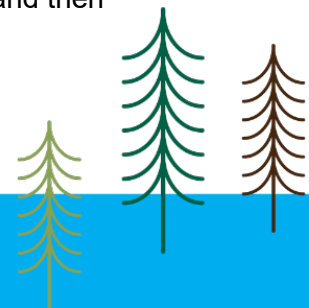
How much does Troop Camping cost?

Troop Camping at Summer Camp is \$125 per person. At the time of registration, troops will be required to pay a \$100 deposit. These funds are non-refundable and non-transferable. Final payments are due May 20, 2020, and can be made with Activity Credits, cash, check, and/or credit card. Please note that girls can apply for an Activity Scholarship if needed.

What do we do at camp?

Camp staff and troop leaders will work together to provide a fun, engaging, and relevant outdoor experience for the girls. Camp staff will provide three, two-hour blocks of program time in addition to campfires, cookouts, night games, and more.

Once troops are placed in a Troop Camping session, troop leaders will be guided to fill out a Program Options Form asking them what activities their girls would like to do at camp with camp staff support. The Outdoor Program team will then create individualized troop schedules based on what troops request and then email these schedules to troops the first week of April.



Please see individual sections of this document for:

- Overview of Programming Options:
 - Description of all activities available at both camps with grade requirements (pages 13-16).
- Troop Schedule Example:
 - Example of an individualized troop schedule for the three day, two night program (pages 17-21).

How Do Meals Work?

Camp will provide all meals and snacks. Camp staff will cook meals in the dining hall. If troops would like the option of doing one cookout, they can. Camp will provide the food and supplies for the cookout along with camp staff to assist (if requested). Troop leaders will be asked about special dietary needs so that all girls and adults have alternative options. Troops may bring their own snacks but need to keep them in their cars or in the camp kitchen and not in living areas.

What are the roles of camp staff and troop leaders?

Troop leaders are responsible for providing consistency and supervision for their girls at all times. This includes troop time, camp staff-led activity time, morning and bedtime routines, and meal time. When troops are participating in a camp staff-led activity or workshop, troop leaders are welcome to join in the activity but are also expected to assist their girls.

The role of camp staff is to lead activities, interact with campers, facilitate the camp experience, and support troop leaders. Troops will interact with multiple staff during their stay and may not be assigned specific counselors. Camp staff may be sleeping in separate areas from troops. Administrative staff are always available to help troop leaders as needed.

Where will we sleep?

Troops will be placed in sleeping areas as needed so we can maximize the number of girls experiencing the outdoors through Troop Camping. Girls and adults will sleep in separate tents and/or cabins and might share areas with other troops. The girls will have at least two adults from their troop in the same area but other adults might be placed away from the troop.

Platform Tents

- Sleeps four people
- Metal bed frame with a mattress
- Wooden floor with a canvas tent

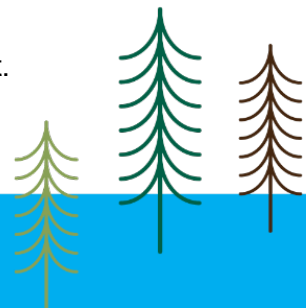
Cabins

- Sleeps eight to ten people
- Metal bed frame with a mattress
- Single beds and bunk beds

Bunkhouse

- Sleeps four people
- Metal bed frame with a mattress
- Bunk beds

The Outdoor Program team will do their best to accommodate younger girls in the cabins first. If there is space, the older girls can be in a cabin. Most troop leaders will be in platform tents.



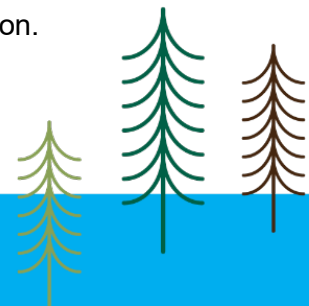
How do I register for Troop Camping?

- Prior to January 23, 2020 at 8:00 a.m. → Create or verify existing UltraCamp Account
 - Create your UltraCamp account (or verify your existing UltraCamp Account).
 - Go to <https://www.gsutah.org/en/camp/ways-to-camp/troop-camping.html>
 - Then select “Manage my UltraCamp Account” link.
 - Follow the prompts to either log in or create a new account.
 - Note: This is NOT a troop account; your UltraCamp account is an individual/family account.
- January 23, 2020 at 8:00 a.m. - January 28, 2020 at 8:00 a.m. → Register for “Troop Camping: Placement Registration”
 - Go to <https://www.gsutah.org/en/camp/ways-to-camp/troop-camping.html>
 - Click on the link “Troop Camping: Placement Registration (Troop Leaders)”
 - This will redirect you into UltraCamp, providing you a description of Troop Camping.
 - Select the “Register” button which will then prompt you to log into UltraCamp.
- Registration Process in UltraCamp
 - Once logged in, select “Make an individual reservation for” and then click on your own name.
 - Then you will follow the prompts for registering for the 2020 Troop Camping at Summer Camp registration. This registration will include your first session choice, second session choice, and the number of attendees you have coming.
 - You may select the same session choice for your first choice and second choice. Please understand this does not mean you will receive this choice automatically.
 - You will need to follow the girl-to-adult ratios, per this information packet for Troop Camping.
 - The number of girls and adults you enter at the time of registration is a final number and you will be required to pay for that number of individuals prior to May 20, 2020.
- You will then be directed to answer the following questions:
 - Troop number
 - Whether you need additional adult support
 - Lodging requests due to special needs
 - Male adults attending
 - Attending with a “sister” troop
- Once you read through and acknowledge the agreements and disclaimer, your final step will be to pay the \$100 deposit using a debit or credit card.

Confirmation Timeline and Materials

Below is the timeline of communication between the time of registration and your troop camping session:

- **January 29:** Troops will receive an email confirming Girl Scouts of Utah has received your registration.
- **January 29-February 13:** The Outdoor Program team will place troops in sessions.
- **February 14:** All troops will receive an email containing troop camping placement, the Program Options Form, the invoice for the remaining balance, information about activity scholarships and Activity Credits, and the paperwork needed for all participants.
- **February 28:** Troops must have the Program Options Form completed.
- **March:** The Outdoor Program team will create schedules.
- **April 1:** Girls requesting an Activity Scholarship should have completed their application.
- **April 3:** All troops will receive an email containing troop camping schedules, sleeping arrangements, packing lists, and a map and directions to camp.
- **May 20:** Camp payments are due in full.



Disclaimer

Girl Scouts of Utah plans quality programs for camp with the health, safety, and well-being of the campers as our first priority. Some sessions may be altered or canceled due to weather, fire, natural disaster, lack of staff, or lack of registrations. No alternation or refunds will be issued if changes are made to activities due to weather, fire, or natural disaster. Camp programs such as horseback riding, high ropes course, waterfront, rock climbing, hiking, etc. may be canceled or altered due to weather conditions such as lightning, extreme heat, thunder, rain, and so forth during scheduled program time.

Refunds

Partial refunds are made only if a girl or adult becomes ill and cannot attend her camp program as scheduled. A physician's note is required and a request for the refund must be submitted in writing to Girl Scouts of Utah within one week after the camp session. No refunds are given if a girl or adult returns home during camp because of illness, injury, homesickness, misconduct, and/or any other circumstance. The camp health supervisor has the right to refuse admittance to any girl or adult who does not meet acceptable health conditions. The Camp Director reserves the right to request that any child or adult who is ill or unable to adapt to camp living be returned home.

Other Camp Information

Camp Expectations

Everyone is expected to follow the Girl Scout Promise and Law. Girls are asked to listen and follow directions from camp staff and troop leaders, use the buddy system, stay with the group, and stay in camp boundaries. No drugs, alcohol, pets, personal sports equipment, or weapons are permitted on Girl Scout property. Smoking is permitted by those of legal age outside the gate only.

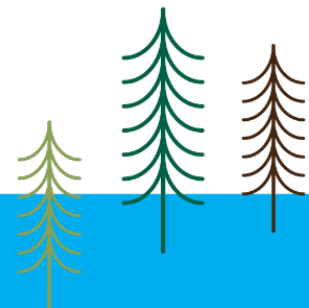
The Camp Director reserves the right to send home anyone who neglects to follow camp rules, becomes a danger to herself or others, or damages property. No refund will be given if someone is sent home due to misconduct or refusal to follow the policy.

Girl to Adult Ratios

Troops often have bridging ceremonies in May to end their troop year, while other troops wait until the end of the summer. For Troop Camping we ask that girls are identified by what age level they will be going into in the fall school year.

If a girl is currently in:

- 1st grade ending in May, she will be considered a 2nd grader for camp
- 3rd grade ending in May, she will be considered a 4th grader for camp
- 5th grade ending in May, she will be considered a 6th grader for camp
- 8th grade ending in May, she will be considered a 9th grader for camp
- 10th grade ending in May, she will be considered an 11th grader for camp



Girl to Adult Ratios Continued

Why do we do this?

We have the girls “bridge” over to the next age-level so they are able to participate in more activities. For example, a 4th grader is able to go kayaking on the lake, while a 3rd grader can only canoe; a 6th grader can do the High Ropes Course, while a 5th grader cannot. These restrictions are due to the Safety Activity Checkpoints and the progression built into the camp program.

For all troops, including multi-level troops, the following girl/adult ratios must be followed based on the number of girls attending. You may notice that these numbers are slightly different than the numbers in Safety Activity Checkpoints, due to camp staff included in adult ratios.

This is a troop camping experience. If your troop does not meet the above ratios, your troop will be asked to add or decrease the number of adults coming with you.

If you have questions about this, please contact info@gsutah.org before registration.

Number of Girls	Number of Adults	Ratio
5-8	2	1:4
9-18	3	1:6
19-24	4	1:6
25-30	5	1:6
31-36	6	1:6
37-42	7	1:6

Late Arrivals and Early Departures

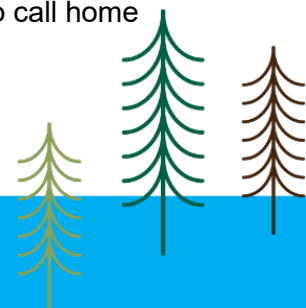
We ask that girls and adults coming to a troop camping experience be able to stay for the entire duration of the event. If your troop has girls or adults who need to arrive or depart at different times due to other obligations, you will need to work with the Camp Director to make these arrangements.

People with Special Needs

If a person has a serious medical condition (heart condition, seizure disorder, severe allergies, diabetes, etc.) or has an intellectual or behavioral disability that may require more support, please contact the Camp Director so they can work with your troop to find the most appropriate program or adult supervision for her. In addition, Girl Scouts of Utah has a partnership with Camp Kostopulos located near Salt Lake City, which specializes in serving people with special needs.

Phones

Campers are not allowed to use cell phones or use the camp phones. We ask that if adults must use a cell phone that they do so away from the campers. We request that all contact with parents/guardians be made through the camp office rather than through troop leaders’ cell phones. The Camp Director or troop leader will contact parents/guardians if there are any problems with a girl at camp, including severe illness or homesickness. Please advise parents to avoid promising their camper that she will be able to call home while at camp.



Security

Camp Cloud Rim and Trefoil Ranch both have a full-time site manager, a locked gate, and are patrolled by local law enforcement agencies. The campsite areas are secure and monitored by staff.

Special Dietary Needs

The camps can facilitate basic special diets including lactose-intolerance, vegetarian, gluten-free, and simple allergies. People with severe food allergies must be fully able to manage their allergies at camp and know not to eat any of that food. We will do our best to accommodate but cannot guarantee that a person will not come into contact with any particular type of food or allergen during her stay. At times, people with special dietary needs may be asked to help supplement their food in order to ensure the person is getting sufficient food and appropriate nutrition. If a person has moderate to severe dietary restrictions or food allergies please consult the Camp Director before enrolling them in a camp program.

SWAPS

We highly encourage troops to come to camp with SWAPS or make SWAPS during one of their troop time blocks at camp.

Troop Camping sessions typically have between 80-120 participants. As your SWAPS session gets closer, you can email info@gsutah.org for a more accurate participant number. There will be a specific time set aside for swapping at camp for those wishing to participate.

SWAP History

SWAP, the tradition of Girl Scouts exchanging keepsakes, started long ago when Girl Scouts and Girl Guides first gathered for fun, songs, and making new friends. SWAPS were widely exchanged at national Girl Scout Senior Roundups in the 1950s and 1960s. In recent years, some Girl Scouts describe the types of objects now referred to as SWAPS by calling them “Special Whatchamacallits Affectionately Pinned Somewhere.” SWAPS are still the perfect way for Girl Scouts to meet each other and promote friendship. Each one is a memory of a special event or Girl Scout Sister.

Tag-a-longs and Visitors

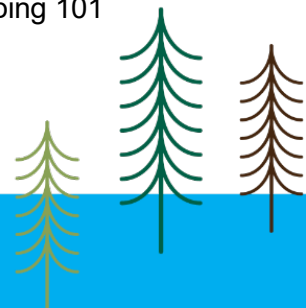
For the safety and security of all participants and to ensure quality programming, tag-a-longs or visitors not registered for this event (boys, girls, adults, siblings, children, infants, parents, etc.) may not stay or visit this event.

Trading Post (Camp Store)

T-shirts, jewelry, small stuffed animals, and other camp mementos will be available for purchase at the Trading Post. Items range in price from \$1-\$50. The Trading Post can accept cash, credit card (VISA, Master Card, or American Express), check, or Activity Credits. Please have girls bring these funds with them to camp. It is not possible to transfer funds from resident camp, or deposit money in advance for the Trading Post for troop camping programs.

Troop/Group Camping 101

Troop Camping during Summer Camp does not require troop leaders to take the Troop Camping 101 course, as trained camp staff and our Camp Directors are on-site with you. If you'd like more information about this training, please contact info@gsutah.org or visit the activities calendar on our website.



Health Services

Camper Forms (Girls and Adults) - NEW to 2020

This year, all required forms will be collected in UltraCamp prior to the troop's arrival at camp. In early April, Troop Leaders will receive communication from Girl Scouts of Utah outlining the steps they need to take in order to connect their Troop Camping attendees with these online forms. Forms will include: Program Release form, Medication Log (if applicable), and EPI-Pen Authorization form (if applicable). Note: Girls and adults will have their own UltraCamp accounts; they are not to be added to the Troop Leader's UltraCamp account.

Health Insurance

Campers are covered by supplemental (secondary) accident insurance while they are at camp. Pre-existing illnesses or conditions are not covered.

Health Screen

All girls and adults staying at camp will go through a brief health screening upon arrival. Girls and adults found to have a temperature of 101° or a contagious disease may be sent home. All campers are checked for head lice and, if found, will be asked to return home for treatment before being allowed back at camp. Girls should wait until after their lice checks to braid their hair, if they wish to do so.

Health Supervisor

All camps have a qualified Health Supervisor on site with a Level 2 First Aid certification or higher. Camp is able to administer basic first aid only. A doctor is on-call and medical facilities are readily available. In the event of an emergency the camp or EMS will transport the camper to emergency services. The Camp Director will notify parents/guardians in the event of a serious illness or injury.

Insect Related Diseases

With girls spending a majority of their time outside while at camp, girls are subject to the potential exposure of diseases associated with insect bites such as: West Nile Virus, Zika Virus, lice, bed bugs, and Lyme disease among others. Girls can take precautions against insect bites by wearing long sleeves, long pants, and mosquito repellent containing DEET. This is especially important in the early morning and evening hours when insect activity is higher.

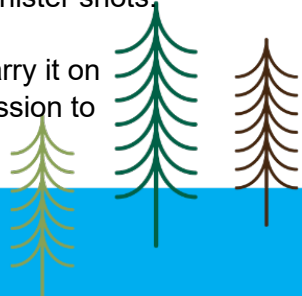
Medications

Girls and adults will be assisted with prescribed medication, provided the medication is in its original container and is prescribed specifically for them. All camp locations carry over-the-counter medication such as Tylenol, Ibuprofen, Tums, Benadryl, and cough drops which you can authorize camp staff to administer. All medications must be locked in the Health Center.

Asthma: A child or adult with asthma needs to be responsible to carry their inhaler, take their medication when needed, and report to camp staff if they need additional assistance.

Diabetes: A child or adult with diabetes needs to be able to test their own blood, communicate when they need rest or a snack, and manage their own medication. Camp staff cannot administer shots.

Anaphylactic Allergies: A child or adult who has been prescribed an EpiPen must carry it on them at all times. There is a separate EpiPen Authorization form which will give permission to who can administer the EpiPen (individual only and/or adult responsible for the child).



Physical Requirements

Programs at all troop camp locations require that participants are able to walk up and down hills on uneven trails, climb stairs, hike up to one mile, and carry daily necessities in a backpack (flashlight, jacket, water bottle, sunscreen, etc.). Some programs may have additional physical requirements. To participate in any program, girls and adults must be able to listen to and follow directions, wear required safety equipment, and perform the physical requirements of the activity.

Self-Care

Campers need to be able to manage their own basic health and hygiene such as carrying and drinking water from their water bottles throughout the day, eating a variety of food, putting on sunscreen when asked, wearing appropriate clothing for the weather, brushing their own hair and teeth each day, walking to and using camp restrooms, and changing clothing each day.

Overview of Programming Options

Programming – Troop Leader-Led

Troop leaders will need to provide up to four hours of their own programming for times when they are not scheduled with camp staff (known as troop time). Troops will need to follow Safety Activity Checkpoints for their troop time activities and will not be allowed to use program areas (i.e. archery, waterfront, rock climbing) as other troops will be using these areas with camp staff. Troops doing their own campfires and/or fire building will depend on the fire restrictions at the time.

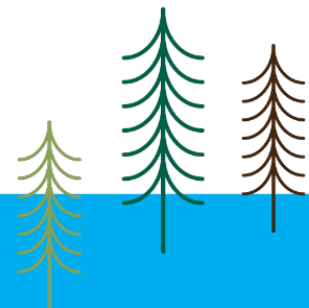
Programming – Camp Staff-Led

Camp staff will provide three, two-hour blocks of program time in addition to campfires, cookouts, evening activities, and more.

Cloud Rim and Trefoil Ranch have numerous program areas for the troops to experience during their stay at camp.

- All program areas have staff who are specifically trained for that activity.
- Participants will receive a safety orientation and will be monitored until competency is demonstrated.
- Participants will use the equipment provided by camp. No personal sports equipment is allowed.
- All program areas are progressive in nature by grade level.
- Girl Scouts of Utah's camps follow the safety guidelines outlined by GSUSA and the American Camp Association.
- All program areas and activities are subject to weather conditions.

Below is a list of all the camp staff-led programming options available during your troop camping session. Please be prepared to rank your top-five activities in the Program Options form for your troop. For example: (1) Horseback Riding Experience, (2) Fire Building & Knot Tying, (3) Low Ropes Course, (4) Archery Range, (5) Eco Hike.



Trefoil Ranch Specific Program Options

Archery (girls entering grades 2–12)

Campers can experience Trefoil Ranch's archery range which uses Genesis Compound Bows (official bow of the National Archery in Schools Program) and basic archery targets connected to hay bales. Camp staff are trained for the camp's specific archery range through a Level 2 USA Archery Instructor. Cadettes will work on some of the requirements for the Archery Badge.

Hatchet Throwing (girls entering grades 6-12)

Campers can experience the latest craze of hatchet throwing at Trefoil Ranch! Girls will learn safety of the sport and work to improve their aim while at the course. Camp staff are trained for the camp's specific hatchet range and follow all safety standards.

High Ropes Course (girls entering grades 6–12)

Experience the high ropes course at Trefoil Ranch. The high ropes course provides campers the opportunity to climb up a pole while being belayed and then traverse across numerous elements with lobster claws. Each summer the course is inspected and camp staff are trained by an Association of Challenge Course Technology approved vendor.

Horseback Riding and Horse Care (girls entering grades 1–12)

Campers will visit the stables at camp where they will meet some of the horses while learning some of the basics of horseback riding and horse care. Campers will be fitted for helmets and boots (if needed) when arriving at the stables. Camp staff will assist campers on a brief ride around the arena, learn horse grooming and ground handling, as well as assist with horse care (stall cleaning and watering).

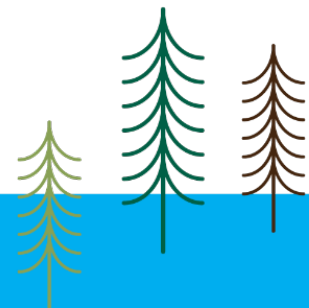
Outdoor Art Badge Series

- Maker (girls entering grade 1)
- Creator (girls entering grades 2–3)
- Explorer (girls entering grades 4–5)
- Apprentice (girls entering grades 6–8)
- Expert (girls entering grades 9–10)
- Ambassador (girls entering grades 11–12)

Trefoil Ranch is a beautiful place to experience the Outdoor Art badges! Girls will work on various art projects in different locations at camp based on the badge curriculum. Multi-level troops will be sub-grouped based on grade levels. Camp staff will work with your girls to complete sections of the badge. Some badges may require additional steps after camp to complete.

Rafting Experience (girls entering grades 6–12)

Rafting trips take place on the Provo River near Vivian Park. Campers in rafting programs should be comfortable in moving water and should have the ability to swim unassisted. All campers will wear life jackets and have adults near them. Camp contracts services with Pro Rafting Tours. Additional fee of \$35/person.



Teamwork Challenge (girls entering 1-12)

Bring your troop together by participating in a variety of teambuilding challenges. Girls will work together to complete a variety of ground-based challenges that strengthen problem solving and communication skills. Camp staff are trained in a variety of activities that they will sequence based on your group.

Woodworking Experience (girls entering grades 1-12)

Enjoy Trefoil Ranch's woodworking shop this summer! Girls who sign up for the woodworking introduction course will learn skills such as how to sand, use a hammer, and an introduction to other hand tools. By the end of the session, girls will create a string art project. Girls will not use the power tools during this session. Cadettes will work on some of the requirements for the Woodworking Badge.

Cloud Rim Specific Program Areas

Art

- Kool-Aid and Canvas (girls entering grades 1-12)
- Pottery Experience (girls entering grades 1-12)

Cloud Rim's art program has two mediums that campers can try this summer at Troop Camping. Girls who sign up for Kool-Aid and Canvas will take a seat at the easels in a casual, fun environment to create their own works of art using paint and brushes with easily understood, step-by-step instruction. Girls who sign up for pottery will experience time on the pottery wheels and hand building. Pieces built in pottery will not be fired or glazed. Pottery and painting experiences are led by camp staff with backgrounds in these mediums.

Bouldering and Rock Climbing

- Bouldering (girls entering grades 1–12)
- Rock Climbing on the Camp Chimney (girls entering grades 4–12)
- Rock Climbing on Rock Face Outcrop (girls entering grades 6–12)

Cloud Rim has a rock face chimney attached to the lodge where campers can learn the basics of bouldering and rock climbing. Bouldering is a type of climbing where campers traverse across the chimney with a spotter following them (no harness or rope, pre-determined climbing height). The Cloud Rim chimney is approximately 30 feet tall and girls climb using a harness, rope, and helmet. Cloud Rim also has a rock face outcrop where 6th–12th graders can experience more climbing.

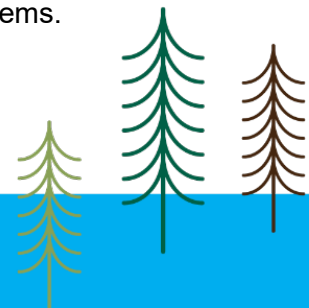
Mt. Majestic Hike (girls entering grades 4–12)

Mt. Majestic is a nearby peak to Camp Cloud Rim. The hike is five miles round trip with a 1500-foot elevation gain. A staff member who is certified in Wilderness First Aid and familiar with the trail will lead the hike. Troops will have an early breakfast and then hit the trail with a sack lunch. Note: The hike will take two of your three program blocks.

Primitive Camping Experience (girls entering grades 4-12)

Thinking about a backpacking trip as a troop? Try out this overnight experience first! Campers will pack out their gear for the night starting around 3:00 p.m., hike to a location, set up pop-up tents, cook dinner on camp stoves, fall asleep under the stars, wake up, pack up their gear, and hike back to camp in time for breakfast (8:00 a.m.) in the lodge. Gear is provided by camp with the exception of personal items. Overnight locations are determined by camp staff and are on or near camp property within a 20 minute walk from the lodge.

Note: The overnight experience will take two of your three program blocks. Girls will earn the Junior Eco Camper, Cadette Primitive Camper, and Senior Adventure Camper badges.



Waterfront at Cloud Rim (girls entering grades 1–12)

Camp Cloud Rim is home to Lake Brimhall where campers can participate in a wide variety of activities. The waterfront is staffed by waterfront lifeguards with training in watercraft activities. All campers are required to wear life jackets while swimming and while operating canoes, kayaks, sailboats, and other watercraft. All campers can canoe and swim. Campers entering grades 4–12 can kayak and paddle board.

Program Options at Both Camps

Mad Science (girls entering grades 1–12)

Travel to our outdoor laboratory and mix up some messy fun! Girls will make explosions, catapult marshmallows, and create their own ice cream! Camp staff will lead you through all the experiments while helping you test your theories in this hands-on session. Brownies will work on some of the requirements of the Home Scientist badge. Juniors will work on some of the requirements of the Entertainment Technology badge.

Eco Explorers (girls entering grades 1–12)

Campers have the opportunity to enjoy a short hike (less than two miles round trip) around camp and participate in other activities while learning about the natural world around them. Activities focus on taking a closer look at surroundings, learning about Leave No Trace, and how girls can help protect our world. Girls will work on some of the requirements for the Eco Badges based on grade levels: Eco Learner (Daisies), Eco Friend (Brownies), Eco Camper (Juniors), Eco Trekker (Cadettes), Eco Explorer (Seniors), Eco Advocate (Ambassadors).

Outdoor Skills Patch Program (girls entering grades 1–12)

Option of: Fire Building & Knots, Navigation, or Self Care & Tool (Knife) Safety

Our Outdoor Skills Patch program is based on a progression through all levels of Girl Scouting with girls gaining new knowledge and experiencing new challenges as they progress through the individual skills. More information about the patch program can be found at www.gsutah.org/camp under the Outdoor Badges, Patches, and Journeys tab. Multi-level troops will be sub-grouped based on grade levels. Staff will work with your girls to complete steps of the patches. Some skills may require additional steps after camp to complete.

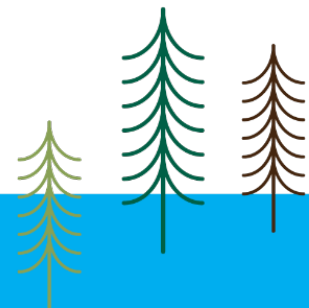
Additional Programming for Girls Entering Grades 6–12:

During troop camping sessions, there will be a time for girls entering grades 6-12 to participate in activities separate from the younger girls if they wish. Girls in mixed troops can separate during this time and participate in activities with other girls their age.

Girls will attend the campfire program on night one with their troop. On the second night, older girls will have the option to attend Camp Game Show Night instead of the themed All-Camp Activity. The Game Show Night will differ each session, but may include activities such as Trivia, Active Challenge Games, a Camp Wide Quest, or Giant Game Boards. Girls will sign up during the Older Girl Meeting held after check-in.

Theme for Troop Camping Sessions: Under the Big Top

Are you ready for the greatest show on camp? Join us as camp turns into a circus for troop camping. Dress in your wackiest outfit or fun hat and enjoy a carnival complete with games, popcorn, and face painting!



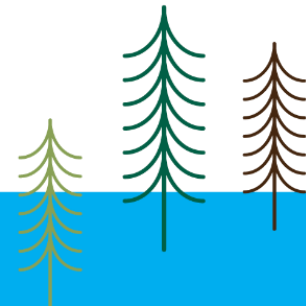
Troop Schedule Sample (10:00 a.m. – 10:00 a.m. session)

Schedules for the 1:00 p.m. – 1:00 p.m. sessions are similar; the times are just shifted with one program on day one, three program blocks on day two, and one program block on day three.

Meal times will be adjusted if your troop would like a cookout while you are at camp.

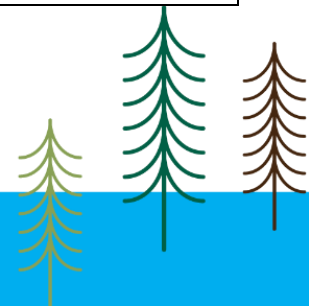
Day One

Time	Activity	Details
9:45 a.m. -12:00 p.m.	Check-In	<ul style="list-style-type: none"> • Camp staff will meet you at the gate and direct you to the parking lot • Bring all forms and medications to the check in table • Snacks, drinks, and restrooms available • One adult: Meet the Camp Director and turn in paperwork • One adult: Meet with the Health Supervisor to turn in medications • Girls: Meet camp staff while completing health check
9:45 a.m. -12:00 p.m.	Move Into Sleeping Areas	<ul style="list-style-type: none"> • Camp staff will meet you in the parking lot and help guide you to your sleeping areas • A sleeping area chart will be attached with your schedule • At this point be sure all girls and adults have closed-toe, closed-heel shoes on, water bottles filled, and sunscreen applied • Review the schedule with troop and be sure everyone is prepared for your first program
11:30 a.m. -12:30 p.m.	Lunch	<ul style="list-style-type: none"> • Sack lunches will be available in the kitchen • Find an area to eat outside or in the lodge • Please pick up after your troop – keep camp clean
12:30 p.m. -12:50 p.m.	Welcome to Camp!	<ul style="list-style-type: none"> • Adults: Meet with the Camp Director in the lodge • Girls entering grades 1-5: Meet out in the amphitheater with camp staff • Girls entering grades 6-12: Meet outside of the lodge by the picnic tables to discuss older girl-only programming



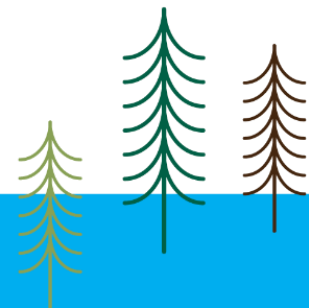
Troop Camping Guide

Time	Activity	Details
12:50 p.m. - 1:00 p.m.	Transition Time	<ul style="list-style-type: none"> • Staff will be walking around with snacks • Be sure to hydrate and reapply sunscreen
1:00 p.m. - 3:00 p.m.	Program Block A	<ul style="list-style-type: none"> • This will either be troop time or one of your three camp staff-led program blocks • During troop time you might have trading post scheduled
3:00 p.m. - 3:15 p.m.	Transition Time	<ul style="list-style-type: none"> • Staff will be walking around with snacks • Be sure to hydrate and reapply sunscreen
3:15 p.m. - 5:15 p.m.	Program Block B	<ul style="list-style-type: none"> • This will either be troop time or one of your three camp staff-led program blocks • During troop time you might have trading post scheduled
5:15 p.m. - 5:30 p.m.	Transition Time	<ul style="list-style-type: none"> • Staff will be walking around with snacks • Be sure to hydrate and reapply sunscreen
5:30 p.m. - 6:30 p.m.	Flag Ceremony and Dinner in the Lodge	<ul style="list-style-type: none"> • Dinner medications available in the Health Center
6:30 p.m. - 7:15 p.m.	Kaper Time (Camp Chores)	<ul style="list-style-type: none"> • Each troop has a kaper assigned to them • Your troop will meet camp staff in this area and they will assist your troop with the kaper
7:15 p.m. - 7:45 p.m.	Transition Time	<ul style="list-style-type: none"> • Dress for the evening hours if needed • Refill water bottles • Prepare a song or skit for campfire
7:45 p.m. - 9:00 p.m.	Evening Program	<ul style="list-style-type: none"> • Campfire and s'mores in the amphitheater
9:00 p.m. - 10:00 p.m.	Bedtime Prep	<ul style="list-style-type: none"> • Bedtime medications available in the Health Center • Camp staff will be walking around camp to assist as needed
Night Hours		<ul style="list-style-type: none"> • Please come to the Health Center if you need anything during the night • Our Health Supervisor and Camp Director will be available to assist you



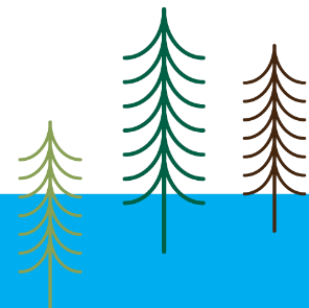
Day Two

Time	Activity	Details
7:30 a.m. -8:00 a.m.	Polar Bear Dip (Camp Cloud Rim Only)	<ul style="list-style-type: none"> • Come with your swimming suit and water shoes on along with your towel
8:00 a.m. -9:00 a.m.	Flag and Breakfast in the Lodge	<ul style="list-style-type: none"> • Morning medications available in the Health Center
9:00 a.m. -9:30 a.m.	Transition Time	<ul style="list-style-type: none"> • Prepare for first program block (sunscreen, water bottles filled, change if needed)
9:30 a.m. -11:30 a.m.	Program Block C	<ul style="list-style-type: none"> • This will either by troop time or one of your three camp staff-led Program Blocks • During troop time you might have showers and/or trading post scheduled
11:30 a.m. -11:45 a.m.	Transition Time	<ul style="list-style-type: none"> • Be sure to hydrate and reapply sunscreen!
11:45 a.m. -12:45 p.m.	Lunch in the Lodge	<ul style="list-style-type: none"> • Lunch medications available in the Health Center
12:45 p.m. -1:00 p.m.	Transition Time	<ul style="list-style-type: none"> • Be sure to hydrate and reapply sunscreen!
1:00 p.m. - 3:00 p.m.	Program Block D	<ul style="list-style-type: none"> • This will either by troop time or one of your three camp staff-led Program Blocks. • During troop time you might have showers and/or Trading Post scheduled
3:00 p.m. -3:15 p.m.	Transition Time	<ul style="list-style-type: none"> • Staff will be walking around with snacks • Be sure to hydrate and reapply sunscreen!
3:15 p.m.-5:15 p.m.	Program Block E	<ul style="list-style-type: none"> • This will either by troop time or one of your three camp staff-led Program Blocks • During troop time you might have Trading Post scheduled
5:15 p.m.-5:30 p.m.	Transition Time	<ul style="list-style-type: none"> • Be sure to hydrate and reapply sunscreen!



Troop Camping Guide

Time	Activity	Details
5:30 p.m.-6:30 p.m.	Flag and Dinner in the Lodge	<ul style="list-style-type: none"> • Dinner medications available in the Health Center
6:30 p.m.-7:15 p.m.	Kaper Time (Camp Chores)	<ul style="list-style-type: none"> • Each troop has a kaper assigned to them • Your troop will meet with camp staff in this area and they will assist your troop with the kaper.
7:15 pm-7:45 pm	Transition Time	<ul style="list-style-type: none"> • Dress for the evening hours if needed • Refill water bottles
7:45 p.m.-9:00 p.m.	Evening Program	<ul style="list-style-type: none"> • Girls will participate in all-camp games with camp staff • Older Girls: Optional program • Adults: Social Hour (camp staff will care for your girls; snacks and refreshments available for troop leaders)
9:00 p.m.-10:00 p.m.	Bedtime Prep	<ul style="list-style-type: none"> • Bedtime medications available in the Health Center • Camp staff will be walking around camp to assist as needed
Night Hours		<ul style="list-style-type: none"> • Please come to the Health Center if you need anything during the night • Our Health Supervisor and Camp Director will be available to assist you



Day Three

Time	Activity	Details
7:00 a.m. -8:30 a.m.	Wake up and get ready for the day	<ul style="list-style-type: none"> • Please pack all of your troop's gear during this time and load it into vehicles or set it out by the parking lot • Staff will be around to help spray mattresses with bleach and with brooms to sweep out cabins/tents • Please don't go to breakfast until this has been done
8:00 a.m. -9:00 a.m.	Breakfast in the Lodge	<ul style="list-style-type: none"> • Morning medications available in the Health Center • Continental style breakfast – please pick up after your troop
9:00 a.m. -9:30 a.m.	Kaper Time (Camp Chores)	<ul style="list-style-type: none"> • Each troop has a kaper assigned to them. Your troop will meet with camp staff in this area and they will assist your troop with the kaper • Make sure we leave camp clean for the next group coming to camp
9:30 a.m. -10:00 a.m.	Closing Activity & SWAPs at Amphitheater	

